

FEUEREIRO FEBRUARY $16-18 \quad 16^{\text {th }}$ - $18^{\text {th }}$ WWW.NAOM.PT inscrever@qd4caminhos.com

## PRE-O Precision Orienteering

## - Program

12:30 - Opening of Quarantine
12:45 - Quarantine last entry
13:30 - 1st competitor start
17:30 - Prize Giving (Portalegre) - before the WRE ceremony of the Sprint race

- Location

The competition area is adjacent to the one used for the Middle Distance race, at Herdade da Almojanda.

- Description of the terrain

Terrain of holm oak forests with small turfs of vegetation that are difficult to penetrate where stones and rocks are accumulated.
The larger trees are mapped as a white area. The smaller ones are marked with the special/isolated tree symbol.
The challenges posed to participants mainly require reading the map and interpreting the terrain.

- Map

Scale: 1/3000
Equidistance: 2.5 m
Cartography: ISSprom 2019-2

- Routes

| Class | Distance <br> $(\mathrm{m})$ | Climb <br> $(\mathrm{m})$ | Controls | Time <br> $(\mathbf{m i n})$ |
| :---: | :---: | :---: | :---: | :---: |
| Open | 600 | 15 | 20 | 78 |
| PC |  |  |  | 82 |

- Timed controls

There is 1 timed control, with 3 challenges, which will be carried out before the start of the Pre-O route.

- Quarantine

Quarantine takes place in the arena, in the food/secretariat tent.

## - Timing

The timing will be carried out using the Sportident system, requiring the use of each participant's chip. If the participant does not have a sportident, the organization provides one free of charge.

## - Recording responses

The manual registration system will be used with a waterproof and resistant paper card. Each participant must bring their needle punch. If the participant does not have a needle punch, the organization provides one free of charge.

- Tolerance for "Z" response

4m

- Supply

There will be supply (water) at the end of the race.

- Accessibility

Tarmac route and dirt track with a regular, slightly inclined surface

## - Fair Play

Participants registered for the medium distance race and the Pre-O, in the morning must warm up only on the route between the parking lot and between the arena and the match, follow their route for the pedestrian race, avoiding walking on the land adjacent to the arena ( except in competition).

## - Escorts

Participants in chairs who require assistance with mobility must have an escort as the organization does not have the capacity to provide elements for this function.

- Claims
$\checkmark$ Location - Arrival
$\checkmark$ Limit time
i) Technical problems - 15 minutes after finishing the route
ii) Classification errors - 15 minutes after fixing provisional results

